

Community Pharmacy Minor Ailment Scheme February 2015

Dear Parents / Carers,

As you are aware it can be difficult trying to get a Doctor's appointment and thought the following information might help if you or members of your family are suffering from a minor ailment.

Pharmacies in Copeland have always been able to offer free advice, but now they can offer treatment on a range of minor health problems including:

- Digestive disorders - indigestion, heartburn, constipation and diarrhoea
- Pain and inflammation
- Eye symptoms - hayfever, conjunctivitis
- Infections - thread worms and our great friend - the head lice
- Coughs, colds, flu and sore throats
- Pain, fever, earache, coughs and colds, nappy rash
- Skin problems - hayfever, acne, eczema, bites and stings.

If you are registered with a Copeland doctor, all pharmacies in Copeland can offer this service.

If you do not normally pay for your prescriptions, pharmacists are able to provide you with advice and/or medicines for minor conditions free of charge.

For more information please see the leaflet attached or pick up one from the school office or visit your local Copeland pharmacy.

Pharmacies list below

Pharmacy	Address 1	Town	Postcode
Boots Pharmacy	67 Main Street	Egremont	CA22 2DB
Boots Pharmacy	6 Main Street	Frizington	CA26 3SA
Boots the Chemists	26 King Street	Whitehaven	CA28 7JN
J.N Murray Limited	31 Market Place	Egremont	CA22 2AG
J.N Murray Limited	Cleator Moor HC	Cleator Moor	CA25 5LB
Mirehouse Pharmacy	59 Meadow Road Mirehouse	Whitehaven	CA28 8ER
Morrisons Pharmacy	Morrisons Store	Whitehaven	CA28 7RW
Seacliffe Pharmacy	High Road	Whitehaven	CA28 9PG
Seascale Pharmacy	Gosforth Road	Seascale	CA20 1PR
Tesco Instore Pharmacy	Bransty Row	Whitehaven	CA28 7XY
W Fare Limited	71-73 Market Place	Whitehaven	CA28 7JD
Whitehaven Late Night Pharmacy	Unit 1 Lowther Building Lowther St.	Whitehaven	CA28 7DG

I hope this information is of help to you now or in the future.